

# SAV 100 Winter Gardening in a Covered Enclosure Workshop Syllabus

Instruction: John Dixon, Sweetgrass Farm  
Location: Sweetgrass Farm, 1270 Hekkla Road(corner of Gross Rd.), Rosseau, POC 1J0  
Date: March 27, 2011  
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**Workshop Introduction:** SAV 100 is a four hour introductory workshop about growing food in Muskoka with no heat in the winter. This workshop helps to prepare individuals for growing food, for personal use in a greenhouse type environment ie:coldframe/hoop house/greenhouse.

**Workshop Description:** Learn how to grow food (leafy greens, kale etc. ) in winter environment with little or no heat. This is more of a survival greenhouse, showing best practices of having fresh winter hardy produce to eat, during the winter months and into spring until your summer garden is ready. The workshop will include a tour of a Johns greenhouse to discuss construction and operation. Themes that the workshop will touch on include, but not limited to:

1. Structure
2. Row covers
3. Soil temperature & moisture
4. Air temperature
5. Varieties / seeds
6. Planting
7. Harvesting

**Workshop Objectives:** The objectives of the workshop will help guide individuals in order to grow food in the dead of winter with little to no heat. Individuals will learn how to grow and how to plant for a winter of fresh greens.

- How to control the survival greenhouse environment and inputs/changes for optimum leafy green growth and development.

## **Workshop Agenda:**

- 9:30am Farm Arrival, networking and orientation
- 9.45am Workshop introduction and overview
- 10.15am Greenhouse tour and hands on lecture
- 12.30-1:00 pm Depart for Crossroads for remaining lecture
- 1:00pm Crossroads Restaurant, tasting and lecture
- 2:00pm Discussion and Questions

**Workshop Cost:** \$30 per person, limit 10 people per course