

# SAV 100 Winter Gardening in a Covered Enclosure Workshop Syllabus

Instruction: John Dixon, Sweetgrass Farm  
Location: Sweetgrass Farm, 1270 Heckla Road, Rosseau, POC 1J0  
Date: March 7 & April 18  
Contact: [info@savourmuskoka.com](mailto:info@savourmuskoka.com) (705) 646-7118

**Workshop Introduction:** SAV 100 is a four hour introductory workshop about growing food in Muskoka with no heat in the winter. This workshop helps to prepare individuals for growing food, for personal use in a greenhouse.

**Workshop Description:** Learn how to grow food (leafy greens, kale etc. ) in a harsh environment with little or no heat. This is more of a survival greenhouse, showing best practices of getting fresh organic produce, winter hardy stuff, during the winter months. The workshop will include a tour of a survival greenhouse construction and operation. Themes that the workshop will touch on include, but not limited to:

1. Structure
2. Row covers
3. Soil temperature & moisture
4. Air temperature
5. Varieties / seeds
6. Planting
7. Harvesting

**Workshop Objectives:** The objectives of the workshop will help guide individuals in order to grow food in the dead of winter with little to no heat. Individuals will learn how to grow and how to plant for a winter of fresh organic greens.

- How to control the survival greenhouse environment and inputs/changes for optimum leafy green growth and development.

## **Workshop Agenda:**

- 1.00pm Farm Arrival, networking and orientation
- 1.15pm Workshop introduction and overview
- 1.45pm Greenhouse tour and hands on lecture
- 2.45pm Depart for Crossroads for remaining lecture
- 2.50pm Crossroads Restaurant, tasting and lecture
- 4.00pm Discussion and Questions

**Workshop Cost:** \$30 per person, limit 8 people per course